

Prepare

Up to a month before your presentation:

DOWNLOAD MATERIALS

Visit MoreThanSad.org to download the program materials

READ

- More Than Sad: Suicide Prevention Education for Teachers and Other School Personnel Program Manual
- After a Suicide: A Toolkit for Schools
- Model School District Policy on Suicide Prevention
- Notes section for PowerPoint Presentation: *More Than Sad: Suicide Prevention Education for Teachers and Other School Personnel*
- *More Than Sad: Teen Depression Facilitator's Guide*

WATCH

- Film: *More Than Sad: Teen Depression* (to purchase, visit afsp.org or contact your local chapter)
- Film: *More Than Sad: Preventing Teen Suicide*

COORDINATE

- Although not required, we recommend two presenters facilitate the training
- Contact your local **AFSP Chapter**. They can answer questions provide brochures and information on upcoming community events, and help you find a co-facilitator to assist with your training
- Ask your school administrators for their current policy for suicide, and invite them to attend so they can field questions on school policy. Be sure to read the policy ahead of the presentation

SCHEDULE

- We recommend blocking off two hours to deliver the presentation
- Find a comfortable venue with enough seats and available audiovisual equipment

PRACTICE

- Practice delivering the presentation
- Follow the talking points provided in the notes section of the PowerPoint

BRING

Technology

Please check to see if your training site is equipped with the following items:

- Laptop computer equipped with a DVD drive
- Projector
- Speakers
- Extension cord
- Microphone (optional)

Curriculum Materials

- *More Than Sad: Prevention Teen Suicide* film
- *More Than Sad: Teen Depression* film
- Standardized PowerPoint Presentation – *More Than Sad: Suicide Prevention Education for Teachers and Other School Personnel*

Participant Materials

- Required:
 - *More Than Sad: Suicide Prevention Education for Teachers and Other School Personnel Program Manual*

Optional

- Talk Saves Lives brochure (contact your local chapter)
- About AFSP brochure (contact your local chapter)
- After a Suicide: A Toolkit for Schools
- Model School District Policy on Suicide Prevention

To purchase copies, visit the online AFSP Store, or check with your local chapter to see if they have available copies

The Presentation

Present the More Than Sad: Suicide Prevention Education for Teachers and Other School Personnel, including the PowerPoint and both films

TIMELINE

- 10 minutes – PowerPoint: Introduction, statistics & key terms
- 25 minutes – Film: *More Than Sad: Preventing Teen Suicide*
- 5 minutes – Discussion
- 15 minutes – PowerPoint: Risk factors, warning signs & protective factors
- 10 minutes – Break
- 25 minutes – Film: *More Than Sad: Teen Depression*
- 20 minutes – PowerPoint: Identifying & referring students at risk; Additional Resources
- 10 minutes – Discussion / Q&A

After Your Presentation

PARTICIPANT FEEDBACK

Send participants an email address with with a link to the online feedback form:
surveymonkey.com/r/MTS_ED_Participant

OR

If you are unable to email the link, please provide copies of the PDF version. Collect them and return to your local AFSP chapter

CERTIFICATES

Provide each attendee with a certificate of completion

FACILITATOR

Complete the facilitator feedback form within 48 hours: surveymonkey.com/r/MTS_ED_Facilitator

Thank you!

